

# ABORIGINAL CULTURAL CONSULTANT

## DID YOU KNOW...

- 1** Aboriginal people are more likely to talk to a clinician with an Aboriginal Cultural Consultant present
- 2** Risk factors for suicide are different for Aboriginal people
- 3** It is possible to combine Aboriginal healing methods and western treatment
- 4** Family can play an important role in treatment. For Aboriginal people family may include friends, elders and community
- 5** An Aboriginal Cultural Consultant can help Aboriginal and Torres Strait Islander people access culturally appropriate care within Mental Health, Drugs and Alcohol Services.
- 6** An Aboriginal Cultural Consultant may undertake a cultural assessment for a client receiving care in a mental health setting
- 7** A cultural assessment considers whether a person's symptoms are a result of a cultural experience
- 8** Sometimes it is appropriate for clients to have a gender specific clinician. For example, a female staff member for a female client. If a client would like a specific worker involved an Aboriginal Cultural Consultant can assist in locating a suitable person.

### HOW TO CONTACT THE BARWON HEALTH ABORIGINAL CULTURAL CONSULTANT

Mental Health, Drugs & Alcohol Services (MHDAS)  
Corner Swanston & Myers Streets  
T 5226 7410 • M 0466 151 184

Monday, Tuesday, Wednesday & Friday 8.30-5.00pm

Please note that when referring to Aboriginal people that the term includes Torres Strait Islander people as well.

Information about Aboriginal health can be located in the Aboriginal Education folder on the MHDAS intranet site. See PROMPT for the guideline 'Culturally Appropriate Care to Aboriginal People'.

